

# BE A HERO FOR A BETTER WORLD

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**"The idealists dream and the dream is told, and the practical men listen and ponder and bring back the truth and apply it to human life, and progress and growth and higher human ideals come into being and so the world moves ever on."**

**-- Anna Howard Shaw**

## **Do One Thing for a Better World**

**...every act of compassion makes a difference... [DoOneThing.org](http://DoOneThing.org)**

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