

# HUMAN RIGHTS DAY - DECEMBER 10

S-H-I-G-R-Z-M-C-I  
O-Z-M-T-M-D



D-E-F-E-N-D  
H-U-M-A-N  
R-I-G-H-T-S

**"Get up, stand up, Stand up for your rights.  
Get up, stand up, Don't give up the fight."  
-- Bob Marley**

**Be a Hero for a Better World - [betterworld.net](http://betterworld.net)**

...every act of compassion makes a difference...every day counts for a better world...

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