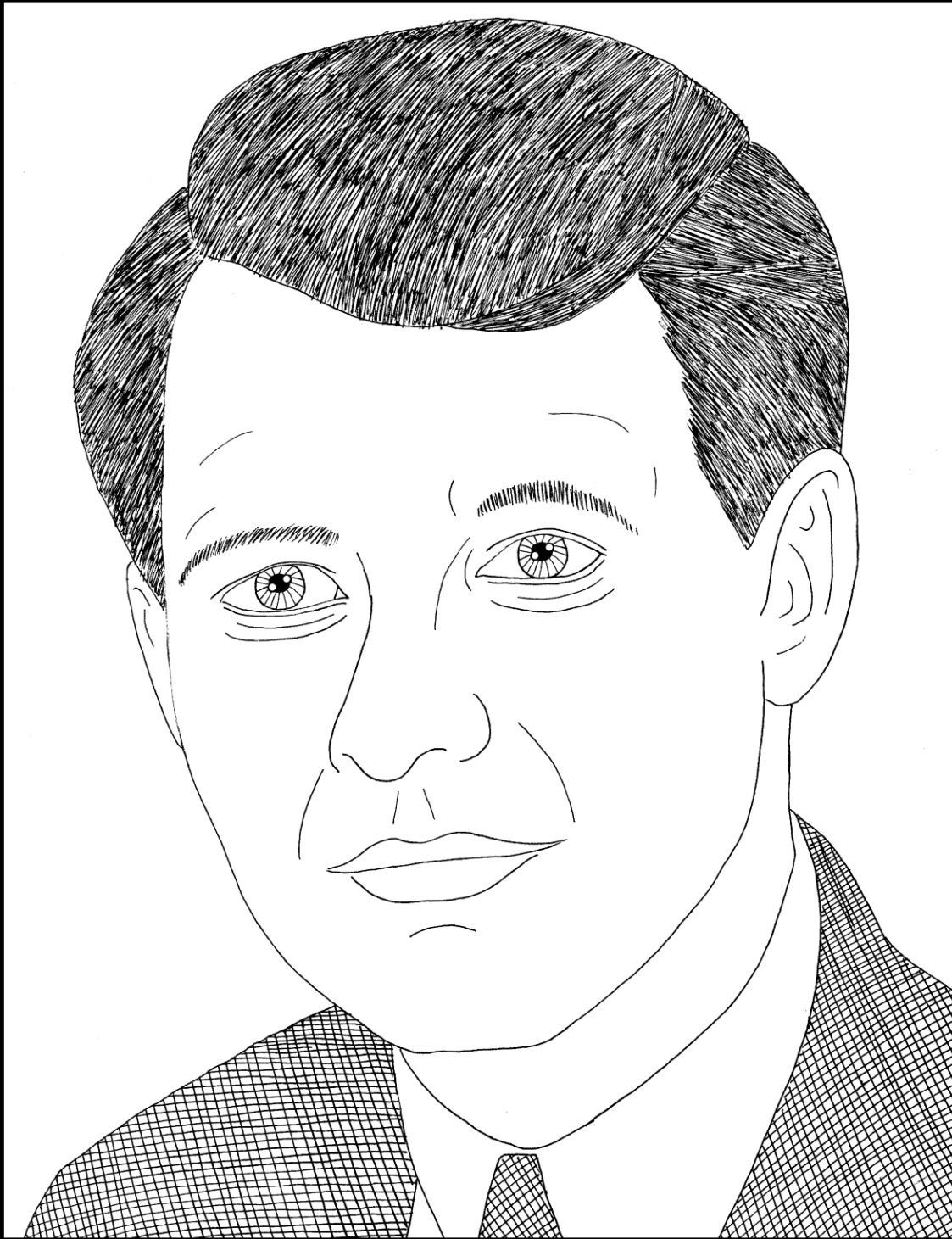


# VOLUNTEER DAY - DECEMBER 5

MAKE  
A  
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MAKE  
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"Each time a man stands up for an ideal or acts to improve the lot of others or strikes out against injustice, he sends forth a tiny ripple of hope, and crossing each other from a million different centers of energy and daring, those ripples build a current that can sweep down the mightiest walls of oppression and resistance."

-- Robert F. Kennedy

**Be a Hero for a Better World - [betterworld.net](http://betterworld.net)**

...every act of compassion makes a difference...every day counts for a better world...

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