More than 850 million people in the world go hungry, and as many as 35 million of them are Americans! Worldwide, some estimate that 40 million people die each year because of hunger and diseases related to malnutrition -- and many of them are children!

There is more than enough food in the world so that no one need ever go hungry. Those who wish for a more peaceful, just and sustainable world are helping to make ending world hunger a major priority. In fact, all of the world's leaders agreed to cut the number of starving people in half by the year 2015 as the first priority of the Millennium Development Goals.

World Food Day (End Hunger Day) was adopted by the UN to commemorate the founding of the Food and Agriculture Organization (FAO) of the United Nations on October 16, 1945. The official goal of the day is to "heighten public awareness of the world food problem and strengthen solidarity in the struggle against hunger, malnutrition and poverty."

Together, WE CAN END HUNGER!

**Do One Thing for a Better World**

1. Find out more about ending hunger.
2. Do One Thing:
   - Organize regular food drives to gather food for a local food bank.
   - Volunteer at a soup kitchen.
   - Ask your local supermarket to donate food to a local food bank.
   - Start a community garden and donate the food to a soup kitchen.
3. Support groups working to end hunger.

**Organizations Helping End Hunger**

- Alliance To End Hunger (alliancetoendhunger.org)
- America's Second Harvest (secondharvest.org)
- End Hunger Network (endhunger.com)
- Feeding Minds.Fighting Hunger (feedingminds.org)
- Food For All (foodforall.org)
- Oxfam America (oxfamamerica.org)
- World Hunger Year (worldhungryyear.org)

Free Online: EndHungerBook.com