## BUY NOTHING DAY FRIDAY AFTER THANKSGIVING

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"Leave the old and dying America and use your creative energies to help form a new America, which would be demilitarized, more humanistic, where the police are less hostile and closer to the community, where the wealthy are not given unleashed power for the exploitation of the people, and mostly because it's now a matter of life and death, reassert an ecological balance with the environment..." -- Phil Ochs

## Do One Thing for a Better World

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