"Great difficulties may be surmounted by patience and perseverance."
-- Abigail Adams

Most of the achievements and victories for a better world that have been won by individuals, nations and movements have come after long periods of dedication, hard work and struggle.

Perseverance Day, on February 27, is an opportunity to commemorate the important victories for a more peaceful, just and sustainable world that have been won, despite the odds and the hardships that brave, courageous better world heroes have had to endure.

Perseverance Day is also a time to remind ourselves to follow our dreams of a better world, and to keep on trying, even when there seems to be little hope, because it is the right thing to do. We may never know how the seeds of kindness that we plant may help others on their journey, today, or even sometime far in the future. But every act of compassion makes a difference!

"To every obstacle oppose patience, perseverance and soothing language."
-- Thomas Jefferson

"If you really want something, and really work hard, and take advantage of opportunities, and never give up, you will find a way. Follow your Dreams."
-- Jane Goodall

---

Do One Thing for a Better World

"The best way to guarantee a loss is to quit."
-- Morgan Freeman

"I always tell my kids if you lay down, people will step over you. But if you keep scrambling, if you keep going, someone will always, always give you a hand. Always. But you gotta keep dancing, you gotta keep your feet moving."
-- Morgan Freeman

---

Try, Try Again

"If there is no struggle, there is no progress."
-- Frederick Douglass

"Our greatest glory is not in never failing, but in rising up every time we fail."
-- Ralph Waldo Emerson

"Energy and persistence conquer all things."
-- Benjamin Franklin